

CHENG-MING CHARLOTTESVILLE, VA

HIROMI

T'AI

CHI

DECEMBER 16 - 18, 2011



GRANDMASTER  
WANG  
WORKSHOPS

T'ai Chi Warm-Up

Ch'i Kung Meditation

Push Hands

Demonstration of  
Cheng-Ming Forms

T'ai Chi Steps 1 - 100

Pot Luck Dinner

To register contact: [registrar@hiromitaichi.org](mailto:registrar@hiromitaichi.org) or 1-877-880-2479.

More details at [www.hiromitaichi.org](http://www.hiromitaichi.org)