



# HIROMIT'AI CHI'S OPEN HOUSE SEPTEMBER 11, 2010

4 - 6 p.m.

609 East Market Street

(enter the dojo on 7th street)

Welcoming the community to watch and try T'ai Chi.

- \* Meet the students and the teachers.
- \* See our dojo and practice space.
  - \* Find that moving, stretching and meditating in the serene ways of T'ai Chi can be so good for your energy and different organs (including your brain!).
- \* Discover that T'ai Chi is possible for *everyone!*
  - \* Enjoy refreshments and enter a raffle to win a 6-session T'ai Chi lesson.

[www.hiromitaichi.org](http://www.hiromitaichi.org) \* Two hours of free parking